

# KEITH WOODROW BROCK

MARYVILLE, TN 3803

## OBJECTIVE

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To apply my work experience, along with my Blount County Commission experience, to help Blount County Sheriff's Department keep the Blount County jail to the high standards, that it has already achieved.

## EDUCATION

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<b>Master of Science</b>	Mental Health Counseling Lee University, Cleveland, Tennessee
<b>Bachelor of Arts</b>	Business Administration Maryville College, Maryville, Tennessee

## EXPERIENCE

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### **Counselor - Substance Abuse & Psych**, January 2014-Present (Part-time)

Wesley Memorial Methodist Church, Cleveland, Tennessee

- Individual mental health & addiction counseling for church members, and the community.
- Counseling and assessment of substance abuse needs and referrals.
- Addiction group counseling for church members and the community.

### **Crisis Intervention Specialist II** - August 2014-November 2014

Volunteer Behavior Health Community System, Chattanooga, Tennessee

- Provide crisis assessment, counseling, linkage and other services to persons in a mental health crisis to include alcohol and or drug abuse problems.
- Work face to face with consumers in assisting them in the resolution of their crisis and providing intervention and referrals in the least restrictive environment.
- Provide follow up phone calls within 24 hours to make sure follow up instructions are understood or referrals accepted.
- Participate in staff meetings, training and supervisory sessions as required.
- Provide clinical review to staff requiring review and other staff as needed.

### **Therapist - Substance Abuse & Psych**, May 2012-July 2014

Pine Ridge Treatment Center/Sky Ridge Medical Center, Cleveland, Tennessee

- Inpatient therapist under the supervision of the Director of Behavioral Health, responsible for client assessment, developing and coordinating client's treatment through the suicide crisis, and treatment team process.
- Responsible for planning, implementing, facilitating, and documenting individual and group therapy for adult patients in the inpatient services.
- Responsible for facilitating designated educational groups and completing designated psychosocial summary statements.
- A member of the treatment team, providing leadership in the case management activities for patient and families.
- Community presentations for Pine Ridge Treatment Center to businesses and community groups.
- Co-facilitate an aftercare group for recovering A & D patients.

### **Counselor - Master's Internship**, June 2011-May 2012

Pine Ridge Treatment Center/Sky Ridge Medical Center, Cleveland, Tennessee

- Provided 489+ hours of client contact and related activities.
- Provided 966+ hours of client intake and inpatient care and therapy.
- Trained on overall intake and admissions processing that includes screening, evaluating, and referring patients to appropriated sources of aftercare.
- Co-facilitate an aftercare addiction group one night a week.

- Lead addiction and mental health processing groups under supervision.

**Counselor-Master's Practicum**, January 2011-May 2011

Mental Health Counseling Department, Lee University, Cleveland, Tennessee

- Provided 100 hours of client contact and related activities.
- Devised and implemented treatment plans for clients presenting with a range of issues including interpersonal difficulty, career decision, identity development, and family conflict.
- Received individual supervision.

**Program Technician**, April 2011-August 2011

Focus Healthcare of Tennessee, Chattanooga, Tennessee

- Perform admissions and orientation of the patient to the unit.
- Participate in daily multidisciplinary meeting to discuss psychosocial assessment, treatment planning and ongoing discharge planning.
- Conduct crisis intervention with the supervision of Nurse Executive
- Conduct educational lectures for patients and families, at admission, during facility stay and after discharge, as indicated.
- Document patient progress and participation in educational lectures.

**Psychiatric Technician**, January 2011-April 2011

Crisis Stabilization Unit, Chattanooga, Tennessee

- Teach classes related to mental health topics and adhere to schedule.
- Interact in all activities with clients including meals: assisting with preparation when needed.
- Assess vital signs on a regular basis.
- Flexibility in accepting additional assignments and assignments.

**EXTRACURRICULAR ACTIVITIES & TRAINING**

Leadership Blount County, Leadership Monroe County, Blount County Commissioner, Blount County Chamber, Blount Boys Club, Chattanooga Community Kitchen, Going Respectfully Against Addictive Behavior (GRAAB) of Cleveland, Honor Society Chi Sigma Iota, First Aid Heart saver CPR Trained, Nonviolent Crisis Intervention CPI Trained, United States Coast Guard Veteran